



After

“bold”, “brave” and “unforgettably moving”

After is a raw and intimate solo performance exploring the aftermath of sexual violence through feminist performance art and embodied storytelling. Blending physical intensity with poetic imagery, the piece challenges dominant narratives of victimhood.

Inspired by modern day rape myths and mythical depictions of women, *After* invites audiences into a complex journey of reclaiming agency. Fleshy, darkly humorous and deeply moving, *After* is a powerful testament to the role of art in making the unspeakable visible.

Choreographer & performer: Tuulia Soininen

Dramaturg: Meri-Maija Näykki

Artistic mentor: Elina Pirinen

Research mentor: Mariella Greil

The work has been supported by Yrjö Sirola foundation and Fontys & Codarts Netherlands

Premiered: 20.5.2025 COMMA festival, Tilburg, Netherlands

Other shows:

26.7.2025 Sysäys festival, Orivesi, Finland

25.9.2025 Zugzwang festival, Klagenfurt, Austria

“Tuulia Soininen touches audiences deeply with her performance. Her dramaturgically finely crafted solo brought the emotional states of women who have experienced sexual violence to the stage... It becomes almost acrobatic when tendencies towards liberation emerge – but the question remains whether such a thing can really exist here.”

Kleine Zeitung, Tina Perisutti, 27.9.2025

Technical information:

After is a contemporary dance solo which tours with one performer and one production assistant. We require minimum one technician from the venue to run lights and music cues. Can be played in simple theatrical conditions. Can be played once or twice a day. Dance mats mandatory.

Duration: 45 min + Q&A

Age recommendation: 18+ (contains partial nudity)

Language: contains a short end monologue in English or Finnish

Stage size: 8 x 8 m preferred (can be adapted to smaller or bigger)

Touring crew: 2 people

Watch the video recording [here](#) .

Watch teaser [here](#).

About the artist:

Tuulia Soininen is a dance artist from Orivesi, Finland. Her work centers on political art, feminism, and sustainability. She holds a BA (Hons) in Dance & Choreography from Falmouth University, UK, and a Master's degree in Choreography from Codarts and Fontys, Netherlands. Tuulia is an emerging freelance artist and known as a bold yet gentle artistic voice, unafraid to take a stand. *After* is her first full length work.

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